

# Jessica Ronne

AUTHOR • SPEAKER • ADVOCATE

Blended Family

Special Needs

Grief

Disabled Child

Motherhood

Self Care

Advocacy

Caregiving

Family

Hope

Faith

## Bio

Jessica Ronne is an author, speaker, podcast host of *Coffee with Caregivers*, associate producer of the "Unseen Documentary," and caregiver advocate. She is founder and executive director of The Lucas Project, a non-profit dedicated to serving parent caregivers with recognition, respite, and resources.

She and her husband Ryan live in Michigan with their eight children, including their son Lucas who has profound disabilities. Her story of beauty from ashes is detailed in her memoir "Sunlight Burning at Midnight." To follow the ongoing saga, she can be found at [jessplusthemess.com](http://jessplusthemess.com) or through reading her stories in her last books "Blended with Grit & Grace", "Lovin' with Grit and Grace", or her latest Caregiving with Grit & Grace.

*Just Keep Livin'*

## What People Say

Jessica Ronne advocates for every bone-weary caregiver who feels like they have no more gas in the tank. She offers encouragement, hope, & grace to keep going.

Lisa Whittle, bestselling author and host of podcast Jesus Over Everything

"Jessica's heartbreaking yet inspiring story reminds me that if we hold on to God and His promises, He indeed redeems everything we dare to place in His hands."

-Nancie Charmichael, multi-published author of "Surviving One Bad Year: Spiritual Strategies to Lead You to a New Beginning"

"Filled with honesty and heart, Jessica invites us into the deep joys and sorrows of being a parent. Sometimes heart-wrenching and other times hilarious, her accessible storytelling about finding healing in unexpected places is all at once fierce and tender - just like the mother she clearly is."

-Kayla Craig, author of "To Light Their Way," and co-founder and host of Upside Down podcast



## Featured On



Daily Mail.com



HUFFPOST

## Stats



70K Followers

@thelucasproject  
@jessplusthemess



#20K

Monthly Page Views



#10,000+

Podcast Downloads



8.2K

Email Subscribers

# Signature Topics

- ✓ Special Needs Parenting
- ✓ Housing Initiatives for the Disabled
- ✓ Managing Anxiety and Stress
- ✓ Caregiving Awareness
- ✓ Respite Care
- ✓ Faith
- ✓ Motherhood



Jessica and her husband Ryan also offer joint speaking sessions on relevant topics.

## Selection of Works



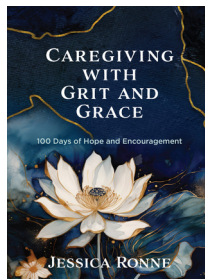
Author  
"Sunlight Burning at Midnight"  
2016



Author  
"Blended With Grit & Grace"  
2021

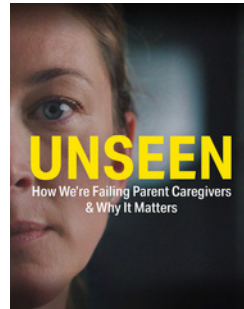


Author  
"Lovin' With Grit & Grace"  
2023



Author  
Caregiving with Grit & Grace.

Recent Release



Star & Associate Producer  
"Unseen: Caregiver Documentary"

2022



Host & Producer  
Coffee With Caregivers  
Podcast



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